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PETITIONS & THANKSGIVING LETTERS

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Novena Notes



Communion with the Body of Christ

Today the Church celebrates the Solemnity of The Most Holy Body and Blood of Christ, more popularly referred to as Corpus Christi. St. Thomas Aquinas had proposed creating this feast and Pope Urban IV made Corpus Christi a Solemnity for the universal church in 1264. The feast is often commemorated with Eucharistic processions and adoration and preaching emphasizes how Christ is truly present in the form of bread and wine. Yet, today's liturgy helps us toward a deeper reflection.

First, in the Preface of today's mass, we're reminded that Jesus commanded us to make this offering as a memorial of him. Paul's Letter to the Corinthians tells us that the early Church put Jesus' command into practice. They gathered to share bread and wine and truly believed that it brought them into communion with Christ and with one another.

Secondly, in the Gospel, Jesus says: *'If you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.'* The Jews were bewildered, wondering how could anyone give his flesh to eat. But Jesus insists, *'anyone who eats this bread will live for ever.'* Consuming the Eucharist is not a magic formula that will miraculously take us to heaven. When we eat his body and drink his blood, we allow his teaching and example live in us and we become more like him. That is what Jesus means when he says, *'anyone who eats this bread will live for ever.'*

Finally, in the Prayer After Communion, we pray that we will have an experience of heaven when we receive the Eucharist.

Be it a formal banquet or a simple buffet, every celebration involves a sharing of food. We have never experienced heaven, but the Eucharist is a sacrament, a sign of what God's kingdom is like. God's Kingdom is like a generous banquet where the hungry are fed and where all are welcome. The mission of the church is to make what we celebrate in sacrament and ritual, into a way that we live our lives. The Eucharist must be a place where we experience God's plentiful redemption. A place where we welcome all, serve all, and share the love of God with all.

On today's Solemnity of Corpus Christi, we remember that Christ is truly present in the Eucharist. However, we cannot really know or experience that unless we strive to be in communion with one another, welcome all into our communion and seek to conform our lives to that of Jesus, whose body and blood we partake of. Christ is truly present in the bread and wine. May Christ also be truly present in us.

Reflection by Gerard Louis C.Ss.R.

Readings & responses for the week

THE MOST HOLY BODY AND BLOOD OF CHRIST

Sunday, 7 JUNE	Deut 8:2-3,14-16; 1 Cor 10:16-17, Jn 6:51-58. O praise the Lord, Jerusalem.
Monday, 8 JUNE	1 Kgs 17:1-6, Mt 5:1-12 Our help is in the name of the Lord, who made heaven and earth.
Tuesday, 9 JUNE St. Ephrem, Deacon & Doctor	1 Kgs 17:7-16; Mt 5:13-16 Lift up the light of your face O Lord.
Wednesday, 10 JUNE	1 Kgs 18:20-39; Mt 5:17-19. Save me, Lord, I take refuge in you.
Thursday, 11 JUNE St Barnabas, Apostle	Acts 11:21-26; 13:1-3; Mt 10:7-13. The Lord has shown his salvation to the nations.
Friday, 12 JUNE The Most Sacred Heart of Jesus	Duet 7:6-11; 1 Jn 4: 7-16; Mt 11:25-30 The joy of the Lord is everlasting upon those who hold him in fear.
Saturday, 13 JUNE The Immaculate Heart of the Blessed Virgin Mary	Is 61: 9-11; Lk 2:41-51 My heart exults in the Lord my saviour.

NOVENA DEVOTIONS ON SATURDAY

8.00am, 10.00am, 12.00pm, 4.00pm, 5.30pm

2.00pm (Mandarin)

MASS ON WEEKDAYS

12:15pm, 6.30pm

9.00am, 6.30pm Public Holiday

(confession will be 30 minutes before Mass)

MASS ON SATURDAY

7.00am, 6.30pm (Sunset)

MASS ON SUNDAY

8.00am, 10.00am, 12.00pm, 5.30pm

(confession will be 30 minutes before Mass)

SAFE MANAGEMENT MEASURES UPDATE

No booking is required. There will not be standing room allowed in the main church.

RECEPTION OPERATING HOURS

Monday to Friday 9.00am to 8.00pm

Lunch Hour 11.45am to 12.45pm

Saturday 7.30am to 8.00pm

Sunday 8.30am to 1.30pm & 4.30pm to 7.00pm

Closed on Public Holiday

GIFTSHOP OPERATING HOURS

Monday, Tuesday, Wednesday & Friday 10.30am to 6.30pm

Lunch Hour 12.15pm to 12.45pm

Saturday 8.30am to 6.30pm

Sunday 9.00am to 1.30pm

Closed on Thursday and Public Holiday

PRAYER WITH TAIZÉ

THE SACRED HEART & IMMACULATE HEART OF MARY

CHINESE RCIA



NOVENA
CHURCH OF ST ALPHONSUS

Prayer with the songs of
Taizé

Songs . Silence .
Reflection . Prayer .

Join us for an evening of
meditative prayer

3RD FRIDAYS - June 19
August 21 | October 23

8:00PM TO 9:00PM
MAIN CHURCH

image credit: PhotoBible.com
Youtube playlist



The Sacred Heart of Jesus and the Immaculate Heart of Mary are deeply connected devotions that symbolize divine love, mercy, and the union of Christ and His Mother in the work of redemption. The Sacred Heart of Jesus represents Christ's infinite love for humanity, expressed through His human heart, wounded on the Cross, from which blood and water flowed as a sign of grace and mercy (John 19:34-35). The Immaculate Heart of Mary reflects her pure, maternal love and her intimate participation in Jesus' life, suffering, and redemptive mission, symbolized by the sword that pierced her heart (Luke 2:35). Together, these hearts form a spiritual alliance, emphasizing the inseparable connection between Jesus and Mary in salvation history. It emphasized the alliance of the two hearts, describing Mary's heart as a sure path to Jesus' Sacred Heart and a source of grace for humanity. This union signifies that the love and sufferings of Jesus and Mary are intimately linked, and devotion to both hearts fosters piety, gratitude, and reparation. Catholics honor these devotions through prayers, novenas, consecrations, and the enthronement of the Sacred Heart in homes or institutions. It is a formal recognition of Christ's dominion over a family or household, often accompanied by prayers invoking the intercession of the Immaculate Heart of Mary. Devotees may also participate in the First Friday devotion, Eucharistic adoration, and special feast day celebrations in June for the Sacred Heart and the following day for the Immaculate Heart. The combined devotion encourages believers to imitate the love, mercy, and obedience of Jesus and Mary, fostering spiritual growth, family unity, and a deeper understanding of God's love. By consecrating to both hearts, Catholics seek guidance, protection, and the grace to live in accordance with God's will.

第34届圣雅丰索堂华文成人慕道团 2026/2027

日期: 11/07/2026 (每逢星期六)
时间: 3.00 pm -5.15 pm
地点: 圣雅丰索堂礼堂 (Auditorium)
联系人: 苏应铨 兄弟 (9626 8546)
庄慧敏 姐妹 (9751 5791)



SCAN ME



PRAISE & WORSHIP
12 JUNE FRIDAY
8PM - 9.30PM
MAIN CHURCH